

coverart

healthy living.  
healthy planet.

feel good  
live simply  
laugh more

## Submission Guidelines — Cover Art for Natural Awakenings

Thank you for your interest in having your artwork or photography featured on the cover of our monthly publication.

Please submit an electronic color scan of your artwork, photographic or digital image at 300 dpi. The size of your image (at 100% scale) should be no less than 6 inches in width or height. The electronic file size could be anywhere from one to 15 megs or so, depending on the image size. Your electronic file may be submitted either in RGB (red, green blue) or CMYK (cyan, magenta, yellow, black). We ask for CMYK.

I prefer representational work with good contrast. The image should give the viewer a good feeling. If you are submitting photography keep in mind “air space” for including copy relating to what’s inside the issue.

Along with the art file, email some information that we can place in the column devoted to the cover artist, place this text directly in the body of email. Include the following (submit one artwork per email):

Title of work  
Artist Name

natural  
awakenings®  
healthy living. healthy planet.



Write a paragraph or two (to be written third person) about the artist, and the work of art. Please include contact information for those who wish to get in touch with you (address, phone, web address... whatever you are comfortable with). Word count: 170 - 210.

Submitted artwork may grace the cover of the local edition of Natural Awakenings, or could be selected to be on the cover of other editions of Natural Awakenings throughout the United States and Puerto Rico and Canada and may be used on the official Natural Awakenings website: [www.NaturalAwakeningsMag.com](http://www.NaturalAwakeningsMag.com).

Submitting artwork represents your approval to allow us to reproduce your artwork for publication. Questions? Please give us a call.

Email file to: [SQWood@gmail.com](mailto:SQWood@gmail.com)

Subject line: Cover Art Submission (and your last name)

Another option: burn a CD and mail to us.

Thank you,

Susan Q Wood

Broward County edition of Natural Awakenings  
954.630.1610